

Temperature

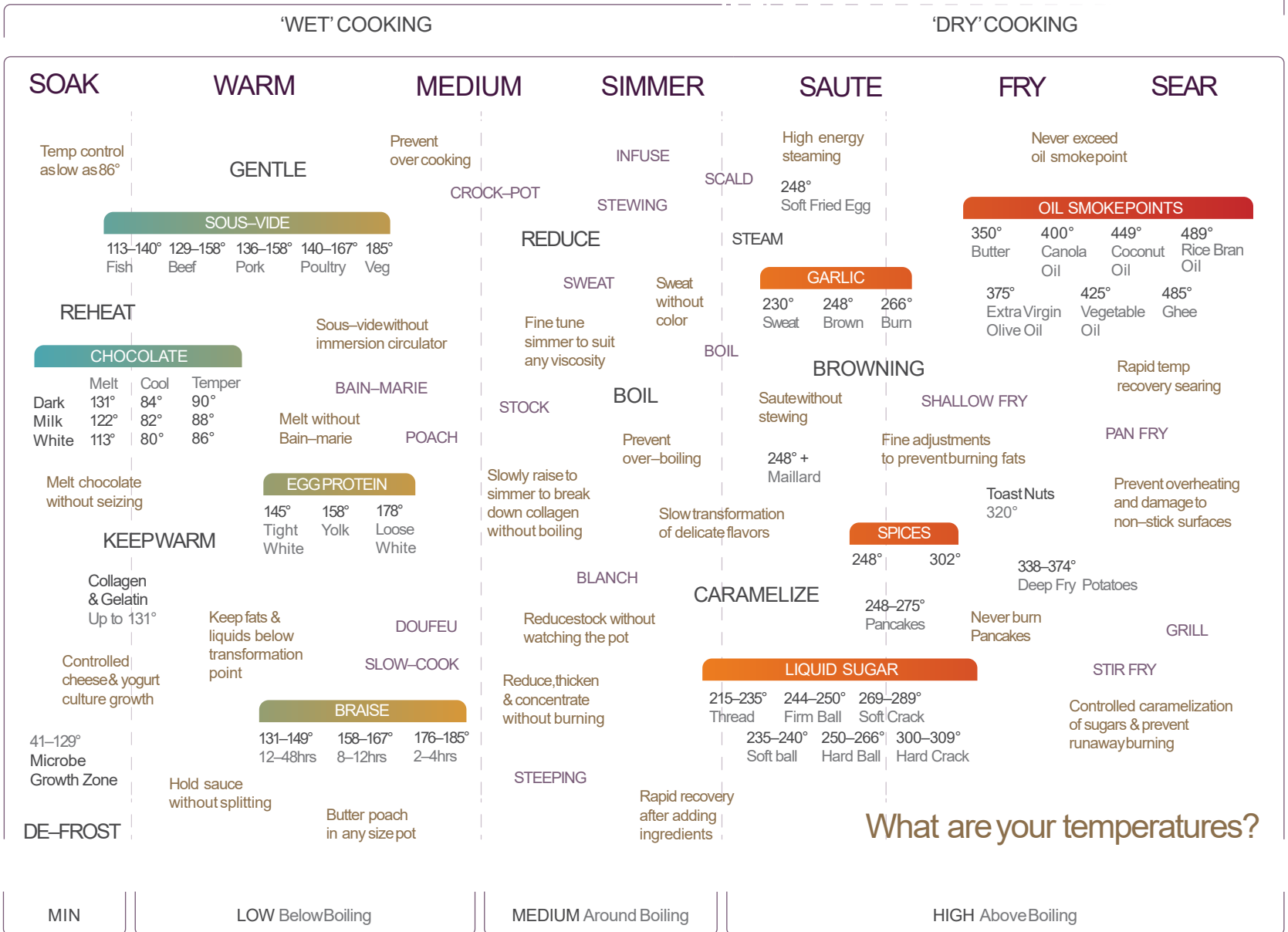
°F	86	131	131	149	149	194	194	212	212	248	248	392	392	482
°C	30	55	55	65	65	90	90	100	100	120	120	200	200	250



Time

72 hr	1 hr	1 hr	30 min	20 min	1 min
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Cooking Type



Tasks, Techniques & Temperature Control (°F)

What are your temperatures?