

Recommended Cooking Times Specific to Rancho Gordo Beans and Instant Pot

At least 15 minutes Natural Pressure Release (NPR) suggested for all

Bean	Time in Minutes	
	Soaked	Unsoaked
Alubia Blanca	8 - 12	18 - 22
Ayocote Amarillo	11 - 13	23 - 26
Ayocote Blanco	12 - 15	35 - 40
Ayocote Morado	8 - 10	23 - 26
Ayocote Negro	14 - 16	35 - 45
Bayo Chocolate	9 - 12	25 - 30
Black-Eyed Peas	3	6 - 7
Brown Pinquitos	10 - 12	19 - 21
Brown Tepary	10 - 12	15 - 18
Caballero	12 - 14	
Christmas Lima	6 - 8	18 - 22
Classic Cassoulet	15 - 20	35 - 45
Classic Cranberry	6 - 8	23 - 27
Corona	10 - 12	
Domingo Rojo	7 - 8	
Eye of Goat	9 - 13	23 - 26
Flageolet	9 - 11	22 - 25
Flor de Castillo	9 - 12	25 - 30
Flor de Junio	7 - 9	
Garbanzo	10 - 14	32 - 35
Good Mother Stallard	8 - 12	28 - 32
Lila	7 - 8	
Large White Lima	8 - 10	18 - 22
Mayocoba	5 - 8	20 - 23
Midnight Black	4 - 6	22 - 26
Pinto	5 - 8	25 - 28
Rebosero	28 - 32	40 - 50
Red Nightfall/Mayflower	5 - 7	23 - 27
Rio Zape	6 - 9	25 - 28
San Franciscano	8 - 11	19 - 22
Sangre de Toro	9 - 11	30 - 32
Scarlet Runner	11 - 14	25 - 30
Silvia	12 - 17	35 - 45
Vaquero	9 - 11	28 - 31
White Tepary	8 - 10	25 - 32
Yellow Eye	6 - 9	26 - 28
Yellow Indian Woman	8 - 10	19 - 22